

SDP COLLEGE FOR WOMEN LUDHIANA

Please fill the form neatly and submit immediately after the activity

4

CO-ACADEMIC EVENT/ACTIVITY:	Extension Lecture On Stress Management And Career Counselling
NAME OF THE DEPARTMENT:	Career Counselling And Guidance Cell
NAME OF THE ORGANISING UNIT/NGO/GOVT:	Institute Of Banking Training (Ltd), Ludhiana
DATE:	Wednesday, March 11, 2020
VENUE:	SDP College For Women, Ludhiana (Room No. 1)
CHIEF GUEST:	Mrs. Manju Bhashinee (Officiating Principal)
RESOURCE PERSON:	Mr. Sanjay Tiwari (Director IBT , Ludhiana) Dr. Deepak Yadav (branch manager, IBT, Ludhiana)
THEME/COMMENTS:	How to manage the stress and how to prepare for the competitive exams in future.
NO OF TEACHERS INVOLVED	6
NO. OF STUDENTS PARTICIPATED:	All final year students of BCA, PGDCA, B.Com. BBA, MA, M.Com. and M.Sc. (Math)
PRIZE WON/ ANY OTHER INFORMATION	Nil

Handwritten signature

Handwritten signature
Signature

Handwritten signature